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Youth Empowerment Services (YES) Newsletter - 2nd Edition

The YES newsletter will bring you the latest updates on Idaho's Youth Empowerment Services (YES) system of care for children's mental health. Keep your eyes on your inbox! Please share with anyone who you think would be interested in receiving regular updates.

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Articles In This Edition

- New YES Communication Materials
- Learn More About CANS Collaboratives



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New YES Communications Materials Now Available

The Division of Behavioral Health and its partners have continued to create communication materials and tools to help youth and families navigate the Youth Empowerment Services (YES) system of care, access the services they need, and engage in the treatment process.

The YES Communications Strategic Planning Workgroup, comprised of representatives from the Division of Behavioral Health (DBH), the Division of Medicaid, the Division of Family and Community Services (FACS), the State Department of Education (SDE), the Idaho Department of Juvenile Corrections (IDJC), together with provider, parent, and youth partners, has published several new materials since November, all of which are available via the YES.idaho.gov website. New materials include:

- An updated Wraparound for Families Handbook: Designed to explain the
 Wraparound process itself, and help families understand how they will
 participate in the Wraparound process. The handbook is
 available in 8.5" X 11" format, and 11" X 17" booklet
 format.
- A <u>YES Family Workbook</u> that can be used electronically or in print by families to prepare for their Child and Family Team process, including Wraparound.
- A YES Youth Workbook that can be used electronically or in print by youth to prepare for their Child and Family Team process, including Wraparound.
- A <u>video explaining Child and Family Teams (CFTs)</u> and what they do within the YES system of care.

The communications workgroup is also working to develop a number of other materials, including trifolds covering this information:

- · Child and Family Teams/Coordinated Care Planning
- Wraparound
- Access for non-Medicaid eligible youth

All communication materials will be translated into Spanish and made available on the <u>YES.idaho.gov</u> website.

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The Idaho TCOM (Transformational Collaborative Outcomes Management) Institute is composed of several different initiatives dedicated to the Child and Adolescent Needs and Strengths (CANS) tool, used in Idaho to identify a child's strengths and needs, including functional impairment. The CANS is an approved communication tool in Idaho that will be used throughout care to assist in treatment planning and monitor the outcomes of services. The TCOM Institute's efforts include a CANS governance committee, CANS trainings, and CANS collaboratives.

In the past year, the Children's Mental Health program has been working with Dr. Stephen Shimshock of the Praed Foundation to establish a CANS collaborative in Idaho. Regional collaboratives are also being formed throughout the state. These collaboratives are a forum for CANS users to learn about local trends, ask questions, and share experiences.

Dr. Shimshock analyzed Idaho CANS data to dat which CANS strengths its

Dr. Shimshock analyzed Idaho CANS data to determine which CANS strengths items correlate with the most reduction in need items. The strength items that most strongly correlate with reducing needs are coping and savoring skills, interpersonal, resilience, education setting, peer influences and family. Currently, the collaboratives are focusing on how to improve at helping to develop these strengths in youth and families.

The CANS is more than a required checklist. Developing users' ability to effectively use this communication tool will positively impact Child and Family Teams and the YES system of care. Intentionally and deliberately improving practices and procedures with the help of CANS data will lead to better outcomes for youth.

To learn more, submit inquiries to ITI@dhw.idaho.gov or visit the Idaho TCOM Institute website that includes a list of upcoming trainings and collaboratives.

2021 CANS Collaboratives

Statewide:

- Friday, January 8, 12-1 pm MT
- Friday, April 9, 12-1 pm MT
- Friday July 9, 12-1 pm MT

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Please visit the TCOM Institute site for regional collaborative information.

View Previous YES Newsletters

About the YES Newsletter

YES newsletters have been distributed since 2018. The newsletter is produced and distributed by the Division of Behavioral Health on behalf of YES partners - Idaho Department of Health and Welfare, State Department of Education and Idaho Department of Juvenile Corrections. Questions, concerns, story ideas? Contact Jon Meyer at Jonathan.Meyer@dhw.idaho.gov. You can use the options in the footer of this e-mail to unsubscribe from this distribution or to share it with others.

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